



**LOG BOOK OF CONTINUING PROFESSIONAL DEVELOPMENT (CPD)
WITH COGNITIVE BEHAVIOURAL PSYCHOTHERAPY IRELAND(CBPI)**

PLEASE PHOTOCOPY THIS FORM IF NECESSARY

Name: _____ **Title:** Mr, Mrs, Miss, Ms, Dr. (Please Underline)

Address: _____

Date of Registration: _____

Membership Number: _____

Date	Activity and Title (i.e. workshops, research, meetings, conference, meetings)	Duration	Organisation body

There are many activities that could be included as evidence of sustained commitment e.g. attendance at workshops and training courses, relevant research, providing training, publications, attendance at professional meetings with Cognitive Behaviour Psychotherapy as the focus. The committee requires evidence of a balance between these activities for a minimum of 50 hours per year. Deliberate false statements on this document will result in disciplinary procedures